




SEX OFFENDER TREATMENT

COLLABORATING WITH COMMUNITY SUPERVISION

GOALS OF TREATMENT

- Acceptance of responsibility for offense
 - Addressing thinking errors / cognitive distortions which can inhibit acceptance of responsibility
 - Truthful polygraphs
 - Awareness of their deviant cycle
 - Empathy for victim and others
 - Compliance of stipulations, laws and regulations
 - Resolving core mental health issues
 - Relapse prevention – No More Victims – Living a Good Life
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COMPONENTS OF THE TREATMENT PROGRAM


Assessment:

- Mental Health Evaluation
- Psychosocial/sexual hx
- Offense / legal hx
- Substance Abuse hx
- Assessment instruments:
Beck Depression Inventory
Others as needed


SEX OFFENDER SPECIFIC ASSESSMENT INSTRUMENTS

- Bumby Cognitive Distortions Scales - self report
- STATIC-99 (Andrew Harris) - therapist scored
- SAI – Sexual Adjustment Inventory (On-line Testing) – client responses
- Hansen Sex Attitudes Questionnaire - self report
- Carich-Adkerson Sex Offender Risk Assessment Scale - therapist scored
- Carich-adkerson Victim Empathy and Remorse Self Report - self report
- Bays-Freeman-Longo Evaluation Of Dangerousness For Sexual Offenders - therapist scored
- Sex Offender Treatment Orientation Survey - self report


WEEKLY SESSIONS

- Check in – Problems
 - Safety plans
 - Polygraph prep
 - Deviant cycle components
 - Thinking Errors
 - Presentations of homework
 - Empathy work
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HOMEWORK PRESENTATIONS:

- Autobiography
 - Case Report
 - Sexual Victim Disclosure
 - Thinking errors
 - Relapse prevention plan
 - Victim empathy
 - Problem reports
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POLYGRAPH

- **Sexual History in 1st 90 days of treatment**
 - **Done annually to test for compliance in treatment and supervision**
 - **Can be requested if problems are suspected**
 - **Legal Consequences for deception or revelation of problematic behaviors not being addressed in treatment**
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PRECIPITATING MENTAL HEALTH ISSUES

- **Mood disorders**
 - **Attachment disorders**
 - **Personality disorders**
 - **Substance abuse/addiction**
 - **History of physical and sexual abuse**
 - **Severe and persistent mental disorders**
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SEX OFFENSE SPECIFIC REQUIREMENTS

Completion of final homework including:

- Personal Deviant Cycle
- Victim empathy
- Relapse prevention plan
- Stability in community – employment. relationships and mitigation of mental health issues/addiction

PROGRESS

- Monitoring Dynamic risk factors –
Needs and Progress Scales (McGrath & Cumming)
 - Working toward completion of homework
 - Monitoring choices in daily living
 - Stable appropriate relationships
 - Compliance with supervision
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